|  |  |
| --- | --- |
| **Salt consumption** | Description: Percentage of all respondents who think they consume far too much or too much salt |
| Instrument question: D8: How much salt or salty sauce do you think you consume? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Think they consume far too much or too much salt** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 265 | 19.5 | 12.2 - 29.7 | 241 | 20.8 | 12.5 - 32.6 | 506 | 20.3 | 14.5 - 27.6 |
| 30-44 | 470 | 10.7 | 6.8 - 16.4 | 504 | 17.3 | 9.7 - 29.0 | 974 | 14.7 | 9.6 - 21.8 |
| 45-59 | 439 | 5.0 | 1.7 - 13.9 | 480 | 3.2 | 1.4 - 6.8 | 919 | 4.1 | 2.0 - 8.4 |
| 60-69 | 293 | 4.5 | 1.3 - 14.8 | 305 | 5.1 | 1.0 - 22.8 | 598 | 4.9 | 1.6 - 14.1 |
| **Total** | **1467** | **10.9** | **7.7 - 15.2** | **1530** | **13.6** | **9.8 - 18.5** | **2997** | **12.4** | **9.9 - 15.5** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 439 | 10.6 | 5.4 - 19.5 | 453 | 12.6 | 6.9 - 21.9 | 892 | 11.7 | 7.7 - 17.5 |
| Urban | 1028 | 11.2 | 8.0 - 15.4 | 1077 | 14.5 | 10.3 - 20.0 | 2105 | 13.0 | 10.2 - 16.3 |